# STEPPING STONES MENU

## Monday

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| --- | --- | --- | --- |
| Breakfast and Morning Snack | Lunch | Afternoon Snack | Tea |
| Choice of cereals & toast  Selection of fruit | Vegetable Lasagna  Fruit platter | Fruit | Bread & Butter, Biscuits & Fruit  Breadsticks & cheese |

## Tuesday

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| --- | --- | --- | --- |
| Choice of cereals & toast  Selection of fruit | Chickpea and spinach curry with rice  Raspberry sponge & custard | Fruit | Bread & Butter, Carrots, Cucumber & Cream Cheese, Biscuits & Fruit |

## Wednesday

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| Choice of cereals & toast  Selection of fruit | Spaghetti Bolognese  Peaches and yoghurt | Fruit | Bread & Butter, Biscuits & Fruit  Breadsticks & cheese |

## Thursday

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| Choice of cereals & toast  Selection of fruit | Roast chicken, roast potatoes, peas & gravy  Blueberry cake | Fruit | Bread & Butter, Biscuits & Fruit  Toasted fruit loaf |

## Friday

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| Choice of cereals & toast  Selection of fruit | Fish & Vegetable pie cheese mash topping  Fresh fruit salad | Fruit | Bread & Butter, Biscuits & Fruit  Breadsticks & Cream cheese |

Vegetarian options available every day. All meals are freshly prepared and home-cooked.

All our menu’s follow the School Food Trust Guide for good nutrition

Allergen information available on request.